



# SRI SIVANI COLLEGE OF PHARMACY

(Under the Management of Sri Sivani Educational Society, Srikakulam)  
(Estd.2007, Approved by PCI-New Delhi and Affiliated to JNTU, Gurajada-Vizianagaram)  
N.H-16, Chilakapalem Jn., Etcherla Mandal, Srikakulam Dist - 532402.

## ASHOKA

**BOTINICAL NAME:** *SARACA ASOCA*

**FAMILY:** Fabaceae

**SYNONYMS:**

**ENGLISH:** Nata, Tamrapallav, Hemapushpa

**HINDI:** Ashoka

**TAMIL:** Ashogam

**TELUGU:** Ashoka chettu



**CHEMICAL CONSTITUENTS:**

- ❖ Major constituents in the stem bark of Asoka are tannins (0.57%–7.85%), ash (2.43%–6.69%), and other extracts (5.74%–14.07%).



**USES:**

- ❖ Improves Menstrual Health
- ❖ Manages Blood Sugar Levels
- ❖ Treats Asthma & Respiratory Issues
- ❖ Helps Treat Acne
- ❖ Prevents Internal Bleeding
- ❖ Deals with Stomach Inflammation
- ❖ Promotes Cardiac Functioning
- ❖ Reduces Kidney Stones
- ❖ Relieves Arthritic Pain
- ❖ May Help Cure Depression

