



# SRI SIVANI COLLEGE OF PHARMACY

(Under the Management of Sri Sivani Educational Society, Srikakulam)  
(Estd.2007, Approved by PCI-New Delhi and Affiliated to JNTU, Gurajada-Vizianagaram)  
N.H-16, Chilakapalem Jn., Etcherla Mandal, Srikakulam Dist - 532402.

## MENTHA

**BOTINICAL NAME:** *MENTHA PIPERITA*

**FAMILY:** Lamiaceae

**SYNONYMS:**

**ENGLISH:** Mint

**HINDI:** Pudīnā

**TAMIL:** Putiṇā

**TELUGU:** Pudeena



**CHEMICAL CONSTITUENTS:**

- ❖ Its major constituents were menthol (46.32%), menthofuran (13.18%), menthyl acetate (12.10%), menthone (7.42%), and 1.8-cineole (6.06%) [Table 1].

**USES:**

- ❖ Prevention from cancer development and anti-obesity
- ❖ Antimicrobial
- ❖ Anti-inflammatory
- ❖ Anti-diabetic
- ❖ Cardio protective effects
- ❖ Filled with nutrients.
- ❖ Improved digestive health.
- ❖ Boost your immune system.
- ❖ Better brain function.
- ❖ Support your pregnancy.

Chemical composition and functional properties of essential oils from *Mentha* species

