

SRI SIVANI COLLEGE OF PHARMACY

(Under the Management of Sri Sivani Educational Society, Srikakulam)
(Estd.2007, Approved by PCI-New Delhi and Affiliated to JNTU, Gurajada-Vizianagaram)
N.H-16, Chilakapalem Jn., Etcherla Mandal, Srikakulam Dist - 532402.

MENTHA

BOTINICAL NAME: MENTHA PIPERITA

FAMILY: Lamiaceae

SYNONYMS:

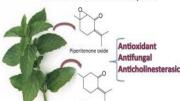
ENGLISH: Mint HINDI: Pudīnā TAMIL: Putinā TELUGU: Pudeena



CHEMICAL CONSTITUENTS:

❖ Its major constituents were menthol (46.32%), menthofuran (13.18%), menthyl acetate (12.10%), menthone (7.42%), and 1.8-cineole (6.06%) [Table 1].

Chemical composition and functional properties of essential oils from *Mentha* species



USES:

- Prevention from cancer development and anti-obesity
- **❖** Antimicrobial
- **♦** Anti-inflammatory
- **♦** Anti-diabetic
- Cardio protective effects
- Filled with nutrients.
- ❖ Improved digestive health.
- **&** Boost your immune system.
- ❖ Better brain function.
- Support your pregnancy.