



SRI SIVANI COLLEGE OF PHARMACY

(Under the Management of Sri Sivani Educational Society, Srikakulam)
(Estd.2007, Approved by PCI-New Delhi and Affiliated to JNTU, Gurajada-Vizianagaram)
N.H-16, Chilakapalem Jn., Etcherla Mandal, Srikakulam Dist - 532402.

TURMERIC

BOTINICAL NAME: *CURCUMA LONGA*

FAMILY: Zingiberace

SYNONYMS:

ENGLISH: Turmeric

HINDI: Halde

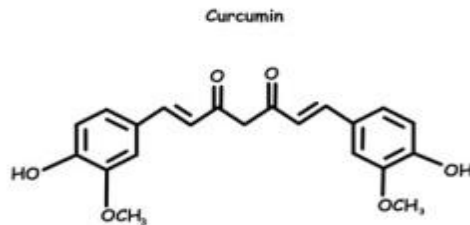
TAMIL: Mancal

TELUGU: Pasupu



CHEMICAL CONSTITUENTS:

- ❖ Turmeric contains 3-6% polyphenolic compounds, collectively known as curcuminoids, which is a mixture of curcumin, demethoxycurcumin and bisdemethoxycurcumin.



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USES:

- ❖ Degenerative eye conditions.
- ❖ Metabolic syndrome.
- ❖ Arthritis.
- ❖ Hyperlipidaemia (cholesterol in the blood)
- ❖ Anxiety.
- ❖ Muscle soreness after exercise.
- ❖ Kidney health.
- ❖ Turmeric for diabetes, high cholesterol
- ❖ Burns, and many other conditions.
- ❖ Inflammation